

PARENTS INFORMATION SHEET FOR EQUESTRIANS

PLEASE READ CAREFULLY & USE THROUGHOUT THE SUMMER

* * * * * IMPORTANT POINTS FOR SUMMER 2016 * * * * *

The camp office is located at 25 Lewis St. in the large red barn. The administration can be reached at Monday - Friday, 8:00am - 4:00pm at 978-562-0968 or by email, mail@pompositicutfarm.com. If dropping off forms or payments after hours, there is a secured lock box located to the left of the office door for your use.

- **Required Riding Clothing and Equipment-** All equestrian participants will be required to purchase and wear to each mounted activity the following items: Schooling Pants, Riding Boots, SEI/ASTM Certified Helmet and Schooling Gloves. For those of you who have previously attended PFDC, the riding program has required a boot with a "substantial heel". However, due to the increased level of learning and professionalism, our equestrian programs require a proper fitting boot geared to Horseback Riding. The sales associates of the following local tack shops should be able to assist you in purchasing the required items: **Dover Saddlery** - 595 Washington St., Wellesley 800-989-1500; **SmartPak** - 30 Worcester St, Natick 508-651-0045 or **Triple Crown Tack Shop** - 67 W.Boylston St.,#1, West Boylston 508-835-2773. Call the office if you have questions about finding these items.
- **Swimming-** **Swimsuits** and a towel are **required**. All participants will undergo a **brief swim evaluation** prior to commencing that will also clear them to participate in the afternoon Fun Club. If your daughter has started her period, please speak to the Riding Director and/or head of swimming that morning, so we may be of assistance to her needs. If this is a sensitive subject for her and she does not want us to know, please remind her **not to flush any waste in the toilet**. Our Health Center Staff are easily approachable for any questions or concerns.
- **Absent, Late Arrival or Early Departure** - Our equine programs follows a time sensitive schedule to insure a complete riding program. If your child will not be at camp during

the normal camp hours (8:30am – 3:15pm) we ask you call the office as early as possible to inform us of this change.

- **Communication & Emergencies-** Please tell your place of employment when your child will be participating in one of our equine programs. You will receive a business card for you to keep as a quick reference. Please ask for additional ones for any others who may not be present opening day: Parents, Nannies, Drivers, Non-Custodial Relations and other emergency contact individuals.
- **Regarding Emergencies (such as a fall from a horse or an accident at an activity)-** **it is our protocol to call 911** followed by emergency contact information you provide. Due to the nature of a specialty riding program, it is possible to have falls from a horse. Riding staff will make no diagnosis regarding the injury and adhere to the MA State protocol of transporting a camper via ambulance to an area hospital. It would be beneficial if your child is briefed that ambulance personnel are required to use neck traction and backboards on all patients transferred under their care. This is normal procedure and in everyone's best interest. We appreciate your understanding and acceptance of this policy.
- Any and all injuries that occur at camp, despite the nature, will be reported to the person picking up the camper. In the event your child comes home with an injury we or you were not informed of by a staff member or note from the Health Center, please call the office. Conversely, please inform the office of home injuries and how you would like the health center and riding staff to attend to your child's needs. The health and safety of our campers is important to the camp administration.
- Please clearly mark all of your child's possessions. This includes riding boots, jeans, towels, hats, backpacks, sweatshirts, t-shirts and anything else they may bring to camp. Each year we have boxes of lost and found articles that campers are embarrassed to reclaim which wind up at local charities.
- Equine activities continue despite inclement weather but safety and comfort are our major concerns. We realize there is an expectation to riding time and lessons. Given this, please also note that in the event your child's safety could be compromised, the program will continue as unmounted lessons. No fee adjustments or rescheduling will be granted.

Daily Packing List

- **Riding Boots** are required for all equine programs. **Additional footwear** such as sneakers is also required for all unmounted activities. **NO SANDALS OR CROCS** will be allowed outside the pool area. **Extra socks** are necessary day to day and especially on rainy days.
- **Schooling Pants and Gloves, SEI/ASTM Certified Helmet, Loose Pants/Shorts** for other unmounted activities
- **Sweatshirt and Rain Gear** Mornings are cool so pack a sweatshirt. Also, camp continues rain or shine. On days when rain is forecasted, it is best to pack at least a rain jacket and rain boots
- **Sunscreen & Baseball Cap** - We ask you apply sunscreen to your child each morning prior to arrival and send a bottle in their backpack to reapply throughout the day. A hat or visor helps to filter the sun and keep them cool on really hot days when not wearing their riding helmet.
- **Nutritious Lunch** - Pack foods you know your child will eat, enjoy and will help to sustain them through a busy day of riding. Remind them not to trade foods with other campers and to bring home any leftovers.
- **A Sturdy, Refillable Water Bottle** that can withstand a week of handling & dropping!
- **Bathing Suit and Towel** for swim time and the Afternoon Fun Club.

QUESTIONS - PROBLEMS - CONCERNS? CALL ANYTIME (978) 562-0968
mail@pompositicutfarm.com